

3 GOOD HEALTH AND WELL-BEING



Dhanalakshmi Srinivasan University (DSU) is pleased to present its annual report for the year 2023, illustrating our unwavering commitment to Sustainable Development Goal 3 - Good Health and Well-being. This report comprehensively outlines our initiatives, achievements, and contributions to creating a healthier society, with a particular emphasis on faculty well-being and maintaining a smoke-free campus. Srinivasan Medical College and Hospital (SMCH), a constituent unit of DSU has a dedicated M.B.B.S. program along with allied health sciences and paramedical programs offered by School of Allied Health Sciences (SAHS) and School of Paramedical Sciences (SoP) respectively.

Medical Education: DSU persistently maintains the highest standards in medical education, preparing the healthcare professionals of tomorrow. Our students are given practical training in wards and outpatient departments, interacting with real patients over a five-year period. The curriculum stresses the importance of standard protocols for history taking, examination, differential diagnosis, and comprehensive patient management. With a 12-month internship covering various specialties, our students acquire extensive experience in clinical care, ward management, staff management, and counselling skills. The institution's infrastructure, which includes cutting-edge classrooms, modern laboratories, and a comprehensive medical library, contributes to creating an environment conducive to learning.



Availability of highly equipped hospital on campus

Continuum of Medical Education: Acknowledging the necessity of lifelong learning in the medical field, DSU emphasizes the continuum of medical education. Continuing Medical Education (CME) activities, such as workshops, conferences, online courses, and medical journal readings, are organized to keep healthcare professionals informed about the latest advancements. DSU has conducted CMEs on a variety of topics, including Pharmacovigilance, Pain Management, Tuberculosis Update, Obesity & Metabolic Syndrome, Deafness Week, Hepatitis Current Perspectives, and Congenital Renal Anomalies. National-

level conferences like MOLPATH and REGENERATIVE MEDICINE further contribute to continuous professional development.

National Health Programs: DSU's commitment to public health is demonstrated through active participation in national health programs. Events and awareness programs throughout the year, aligned with national health days, address specific health issues and promote access to high-quality healthcare services. **Health Education and Promotion Programs:** DSU is actively involved in health education and promotion initiatives, recognizing their role in empowering individuals and communities. Awareness programs on cancer, heart health, vision care, and tuberculosis contribute to preventative measures and improved overall well-being.

Infrastructure and Facilities: DSU's dedication to well-being extends to the physical environment. Our advanced infrastructure includes fully air-conditioned classrooms, modern laboratories, and a comprehensive medical library, creating an atmosphere conducive to learning and working.

Community Engagement and Outreach: Beyond academics, DSU is actively involved in community outreach, providing expertise and resources to address regional health disparities. These efforts contribute to improving access to healthcare services and enhancing the well-being of the local community. **The Srinivasan Medical College and Hospital provides free consultations and treatment for all in the Mannachanallur constituency. Additionally, all grade 4 employees of DSU are provided free medical facilities including diagnosis, consultation and treatment.**

Faculty Well-being Programs: DSU places a high priority on the well-being of its faculty members. Various programs are implemented to support faculty well-being, including wellness workshops, health check-ups, recreational activities, and professional development opportunities.

Smoke-Free Campus Initiative: DSU is dedicated to providing a healthy and conducive environment for all its stakeholders. In line with this commitment, the campus has been declared smoke-free. Smoking is prohibited in all indoor and outdoor areas, promoting clean air and a healthy atmosphere for learning and working.



Smoke free campus sign board placed in front of Café Dimora

Dhanalakshmi Srinivasan University remains steadfast in its dedication to Sustainable Development Goal 3 - Good Health and Well-being. Through comprehensive medical education, continuous professional development, active participation in national health programs, health education and promotion, advanced infrastructure, community engagement, faculty well-being programs, and the promotion of a smoke-free campus, DSU strives to contribute significantly to the creation of a healthier society. Our holistic approach prioritizes the well-being of all stakeholders, ensuring that DSU stands as a beacon for good health, well-being, and a supportive academic community. **"Annexure SDG-3"** lists out various events and programmes organized and activities carried out by DSU pertinent to SDG-3.

Annexure SDG-3

Date of Event	Name of Event	Organizing School
13-10-2023 and 14-10-2023	DST-SERB sponsored National Seminar titled "Exploring The Global Potential Of Millets: Food Security, Health & Sustainability"	SAS
28-01-2023 and 29-01-2023	Leading the World Beyond In Stem Cell Therapy and Tissue Engineering	SAHS
04-02-2023	Faculty Development Programme (FDP) on "Engage and Encourage"	SAHS
08-02-2023	Lecture on "Counselling Programme"	SAHS
21-02-2023 & 23-02-2023	Training and Placement Programme on Awareness in future	SAHS
25-02-2023	National Science Day – Science Expo 2K23	SAHS
07-03-2023 to 09-03-2023	International Women's Day'2023 – Awareness on Anemia to girl students	SAHS
13-04-2023	"Environmental Day"	SAHS
11-05-2023	National Technology Day 2023, the theme 'School to Startups-Igniting Young Minds to Innovate' ideas	SAHS
20-07-2023	Blood Donation Camp and Volunteers in the "Dhanalaksmi Memorial Day" Blood Donation Camp at Mannachanalur organized by at Srinivasan Medical College and Hospital, DSU	SAHS
12-07-2023	A Guest Lecture Programme on "Radiation Safety Awareness"	SAHS
11-08-2023	"FLASH MOB" in view of creating "Awareness on Organ Donation"	SAHS
17-08-2023	"Anti-Ragging Awareness Week" from 12th to 18th August 2023 at DSU, Samayapuram, Trichy. The Anti-ragging Poster Presentation entitled "No 2 Ragging - Ragging free Campus" was organized by the Science Club – "Brainiac's", Under the Aegis of Students' Affairs Cell.	SAHS
24-08-2023	Onam festival	SAHS
10-10-2023	An awareness programme on "World Mental Health Day"	SAHS
01-07-2022	National Doctors Day	SMCH
06-07-2022	Medical Education Unit (MEU)	SMCH
13-07-2022	Guest Lecture on Insulin Therapy	SMCH
14-07-2022	Second Institutional Ethics Committee Meeting	SMCH
27-07-2022	Continous Medical Education on Pharmacovigilance	SMCH
28-07-2022	Community Awareness Program	SMCH
01-08-2022 to 07-08-2023	Breast Feeding Week	SMCH
25-08-2022 to 08-09-2023	National Eye Donation week	SMCH
07-09-2022	Guest Lecture on "Elimination of Mother to child Transmission of HIV, post exposure prophylaxis"	SMCH
08-09-2022	MOU (Between DSU and PlasmaartResto Pvt. Ltd) - Research Projects in Regenerative Medicine and Tissue Engineering	SMCH
09-09-2022 & 10-09-2022	Molpath Fest'22	SMCH
14-09-2022	National Nutrition Week - 2022	SMCH
16-09-2022	International Microorganism Day	SMCH
21-09-2022	National Pharmacovigilance Week	SMCH
21-09-2022	Youth Red Cross	SMCH
01-10-2022	World Heart Day - 2022	SMCH
13-10-2022	World Sight Day 2022	SMCH

28-10-2022	Pink October - Cancer	SMCH
18-11-2022	World Diabetes Day - 14.11.2023	SMCH
28-11-2022	Rational Antibiotics Day	SMCH
02-12-2022	CT Scan Inauguration	SMCH
7-12-2023 to 9-12-2023	Revised Basic Course Workshop	SMCH
15-12-2022	White Coat Ceremony	SMCH
04-01-2023	Cadaveric Oath Ceremony	SMCH
06-01-2023 & 07-01-2023	Innovations in Medical Technologies	SMCH
11-01-2023	Dialysis - First Anniversary	SMCH
12-01-2023	National Youth Day - Celebration	SMCH
21-01-2023	Continous Medical Education - Pain Management	SMCH
28-01-2023 & 29-01-2023	National Conference: Leading the world beyond in stem Cell therapy and Tissue engineering	SMCH
3-02-2023 & 04-02-2023	Symposium on Oral Cancer: Known Unknown and Beyond	SMCH
07-02-2023	National Leprosy Awareness Program on "Leprosy, the causative organisms of Leprosy and the signs and symptoms of the disease"	SMCH
15-02-2023	MOU (Between BDU and DSMCH)- Genetics and Genomics Research for early Diagnostic and Therapeutic Biomarker Identification in Breast Cancer	SMCH
22-02-2023	TAATS - Competition	SMCH
25-02-2023	National Science Day	SMCH
08-03-2023	International Womens Day	SMCH
16-03-2023	NMC 3rd Batch - 2nd Renewal	SMCH
21-03-2023	IEC- Third Meeting	SMCH
24-03-2023	NMC 3rd Batch - 2nd Renewal	SMCH
24-03-2023	World Tuberculosis Day -Community Awareness at Edumalai Village	SMCH
27-03-2023	World TB Day - Overview on Tuberculosis & Recent Advances in TB Management	SMCH
12-04-2023	Guest Lecture on "Lecture 1 - Fundamentals of Stem Cells & Its Application"	SMCH
06-05-2023	World Malaria Day	SMCH
13-05-2023	Guest Lecture - World Hypertension Day	SMCH
13-06-2023	Anatomy Club	SMCH
14-06-2023	World Blood Donors Day	SMCH
20-06-2023	Pharmacy Inspection	SMCH
21-06-2023	International Day of Yoga	SMCH
01-07-2023	Doctors Day	SMCH
07-07-2023	Tree Planting - Department of Community Medicine	SMCH
14-07-2023	Continous Medical Education on "Changing Paradigms in Paediatric Genetic Synfromes - Management Challenges"	SMCH
14-07-2023	Guest Lecture on "Molecular Biology"	SMCH
15-07-2023	World youth skills Day	SMCH
20-07-2023	Blood Donation Camp	SMCH

22-07-2023	Continous Medical Education on "Seizures - Suppression or cure? Modern Concepts"	SMCH
29-07-2023	World Hepatitis Day	SMCH
01-08-2023 to 07-08-2023	World Breastfeeding Week	SMCH
02-08-2023	Continous Medical Education	SMCH
23-08-2023	Guest Lecture -Voluntary Body Donation	SMCH
01-09-2023 to 07-09-2023	Nutrition Week	SMCH
19-09-2023 to 02-09-2023	Pharmacovigilance Week Celebration - "Boosting Public Confidenc in Pharmacovigilance"	SMCH
22-092023	Continous Medical Education - Obesity and Metabolic Syndrome	SMCH
23-092023	Continous Medical Education - World Deafness Week	SMCH
03-10-2023	Training Program	SMCH
04-10-2023	White Coat Ceremony	SMCH
12-10-2023	World Sight Day 2023	SMCH
17-0-2023 to 19-10-2023	Hemovigilance	SMCH
20-10-2023	Cancer Awareness Program -Rally from Trichy Railway Junction to MGM GH	SMCH
28-10-2023	Cancer Awareness Program: Guest Lecture - Awareness Program for House keeping staffs and administrative staffs	SMCH
30-01-2023	Industrial Visit	SoP
28-02-2023	Science day	SoP
08-03-2023	Womens day	SoP
13-05-2023	School club inaguration	SoP
03-06-2023	Swissball workshop	SoP
03-06-2023	Ankle complex seminar	SoP
31-07-2023	Happy wings	SoP
02-08-2023	Softtissue manipulation workshop	SoP
30-08-2023	Spinal hub	SoP
31-08-2023	Muscle structure and function seminar	SoP
08-09-2023	World physiotherapy day	SoP
09-09-2023	Revival 23	SoP
17-09-2023	Patients safety day	SoP
21-09-2023	World alzheimer's day	SoP
06-10-2023	Awareness program for the world cerebral palsy day	SoP
10-10-2023	Mental health day	SoP